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Photo by Staff Sgt. Tony Tolley

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#### ON THE COVER

Brig. Gen. Mark T. Matthews, 48th Fighter Wing commander, was welcomed to the Liberty Wing during a change-of-command ceremony Aug. 1. For story, see Pages 14 and 15.

Photo by Staff Sgt. Tony Tolley

# Gen. Martin salutes command's warrior airmen



BY GEN. GREGORY S. MARTIN  
U.S. FORCES IN EUROPE COMMANDER

RAMSTEIN AIR BASE, Germany (USAFENS) – When I had the opportunity to assume command of U.S. Air Forces in Europe and the then AIRCENT and now AIRNORTH in January 2000, I had no idea we would face as many diverse and challenging global events as we have together. And now, after a little over three and a half years later, as I say farewell and take up a new assignment at Wright-Patterson Air Force Base in Ohio, I do so with the pride and satisfaction of having seen true professionals tackle the toughest assignments, overcome difficult barriers and prevail in battles against natural and human enemies.

In saying farewell to the USAFE and AIRNORTH teams let me just reflect briefly on an incredible journey filled with front-page news headline activities. Day after day, you never ceased to amaze the world with your professionalism and commitment to excellence in all you do ... and in all the places you have been called to duty! You have kept the peace in the Balkans through your vigilance in Operations Joint Forge and Joint Guardian. When the floodwaters rushed over Mozambique, we launched Operation Atlas Response, delivering 767 tons of humanitarian aid to 2 million people in crisis. When terrorists attacked the USS Cole, USAFE airmen transited 5,800 miles to Yemen and Djibouti to treat and recover the wounded in less than 24 hours. You have performed joint exercises with our NATO countries, and hosted landmark exercises with Partnership for Peace countries that established new and key international relationships. The last three years has seen our medical professionals on the continent of Africa, providing medical care to over 24,300 villagers during our annual MEDFLAG exercises in Cameroon, Mozambique, and Uganda. We protected the skies over the NATO Summit in Prague, Czech Republic, while

witnessing the expansion of the most successful alliance in history. The hard-working teams of Lajes, Portugal, and Keflavik, Iceland, joined our USAFE team. Long before Iraq had captured front-page attention, you were proficiently executing Operation Northern Watch. Learning from Operation Allied Force

in 1999 and experiencing our high operational tempo, we understood the need to balance operational requirements with MAJCOM headquarters execution during a major contingency, and so we broke new

ground when we created the USAFE Theater Air and Space Operations Center. Since then the UTASC has allowed us to rapidly transition from steady-state contingencies to crisis and war.

Our best efforts to make contingency planning and execution as effective as possible still would never have given us a crystal ball to see what was going to happen on September 11, 2001. When the unthinkable happened, USAFE and AIRNORTH responded by pulling together an international and joint team to help flow amazing amounts of war materiel to the combat zone while at the same time they established and executed humanitarian relief operations for the starving refugees in Afghanistan. With American hope and compassion as our driving forces, we provided 2.4 million humanitarian daily rations, 900,000 pounds of wheat, 700 tons of blankets as well as critical cold-weather gear, food and supplies to Afghan refugees in need. In addition, we expanded Operation Enduring Freedom's combat support capability to 2,400 missions, delivering 25,000 personnel and 69,000 tons of cargo to help win the global war on terrorism in Afghanistan.

When the global war on terrorism involved toppling Saddam Hussein's brutal regime, 95 percent of all cargo and personnel going by air to the fight moved through Europe. This unprecedented air bridge was certainly history making, but still just one part of the overall

mission in Operation Iraqi Freedom. Because at the same time, you established the entire northern air arm and then airdropped and air landed our entire northern ground force into Iraq to support the U.S. Central Command in its historic march into Baghdad. It's impossible to capture in this brief space the thousands of individual efforts that went into our victory in Iraq. From providing mission support, command and control, surveillance, refueling, securing our bases at home and downrange, and logistical planning – you have made America proud and won a major war so that freedom can now begin to grow where before there was only tyranny and oppression.

And most recently, members of our USAFE team were tasked to provide personnel recovery and emergency evacuation support for members of our U.S. Embassy in Liberia. Members from the 56th Expeditionary Rescue Squadron from Naval Air Station Keflavik, Iceland quickly carried out their mission of transporting the evacuees from the Embassy, while a team from the 786th Expeditionary Security Forces Squadron, Ramstein AB, Germany secured the area and established communications. A daunting mission, but they carried it out expeditiously and with no warning.

Regardless of the mission, the professionalism that I've seen and experienced from every USAFE member is unprecedented. You have supported and accomplished the tremendous duties of providing security and force protection to our nation and the world. And, by virtue of our military presence in Europe and our sense of duty and compassion for others, you've also created partnerships and friendships that I think are extremely important.

Although it's time to say farewell, the embodiment of our USAFE motto: Ready, Vigilant and Proud will live in me for years to come, and I hope this concept will remain with you as well. I'm extremely grateful and proud of all you do for America, the security of international peace and the advancement of human dignity. Wendy and I leave with an unbelievable sense of pride in knowing that you will welcome the Foglesongs as you welcomed us, and that you will continue to make all of our nations proud of your service in Europe and in NATO. Godspeed, God Bless and Thank you.

## Commander's Intent

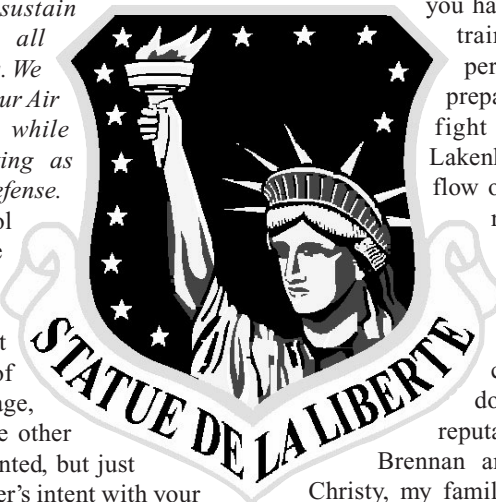
# Communication improves mission readiness

BRIG. GEN MARK T. MATTHEWS

48TH FIGHTER WING COMMANDER

*We will prepare to execute and sustain expeditionary combat operations from all environments to include those from bare bases. We will build our preparation in alignment with our Air and Space Expeditionary Forces cycles while maintaining day-to-day capability of tasking as directed by the President and Secretary of Defense.*

Commander's intent is a long used tool more common in our sister services than the Air Force. Its utility lays in providing clear, simple guidance as to what our priorities should be. Also important is what commander's intent does not say. As friends of mine described the secret to their good marriage, harmony came from an agreement to tell the other what was wanted, or how to do what was wanted, but just not both. Similarly, the marriage of commander's intent with your daily lives tells you where we're headed without forcing you down any one road. In this vein, it's important for all of us to remember



the importance of communication.

I can pass what our bosses want us ready to do, but I serve best by passing back what you need to do the job. Help me with this. Do you have the resources to meet the intent? Are you trained to do the job we're asking you to perform? Are you (and those you leave behind) prepared to deploy – possibly for months – to fight anywhere in the world? Back here at Lakenheath, are we moving to align the tempo and flow of our day-to-day lives with that of our AEF rotations?

The commander's intent will change little until events dictate how and where we will employ. Nonetheless, in future columns, I will address specific areas for your consideration and feedback. As for now, keep doing what you've been doing! This wing's reputation and the legacy of Brig. Gen. John T. Brennan are renowned across our Air Force. From Christy, my family, and myself a heartfelt thanks for such a warm reception and a promise to do our best in service to you and our country. We look forward to meeting all of you.

## Team Liberty gains new enlisted leader

BY AIRMAN 1ST CLASS  
PAMELA LAMPERT

48TH FIGHTER WING PUBLIC AFFAIRS

After spending the last year as the "Wolf chief," RAF Lakenheath's new senior enlisted advisor has made his way to the Liberty Wing.

Chief Master Sgt. Karl Sagstetter became the 48th Fighter Wing command chief master sergeant July 16. As command chief, Sagstetter advises the wing commander on all issues that affect RAF Lakenheath's enlisted corps.

Sagstetter, a Wausaw, Wis., native, comes more than 5,500 miles from Kunsan Air Base, Republic of Korea, where he was the 8th Fighter Wing command chief.

"It's great to be back in the land of the twin tails," he said. "It's both an honor and a privilege to be the command chief for such a great fighter wing that is loaded with history and tradition."

Sagstetter spent most of his 22 years in the Air Force working on ejection seat systems as an egress mechanic. He worked on a variety of aircraft, including T-37s, T-38s, B-1s, F-16s and F-15s.

Sagstetter said that during his time here he plans to make taking care of Liberty Wing members his priority.

"I firmly believe that if you truly try to take care of people and their families, they will be

more inspired and work harder to take care of the mission," he said.

Sagstetter said it is important to make sure people have the right training and resources to do their jobs and also that their leaders don't ask too much of them without giving them a break.

"I plan to work with other enlisted leaders as well as the officer corps to ensure that everyone's tour at RAF Lakenheath is both rewarding to them and to the Air Force," said Sagstetter.

While the chief isn't working, he enjoys golf, running, cheering on the Green Bay Packers and spending time with his family.

Sagstetter and his wife, Tamara, have been married for 19 years. They have one daughter, Chloe, an 18-year-old sophomore at Texas



Photo by Senior Airman Jeff Hamm

Chief Master Sgt. Karl Sagstetter, 48th Fighter Wing command chief, addresses troops at Airman Leadership School, RAF Feltwell Wednesday.

Tech University, and two sons, Ian, 8, and Ryan, 6.

Sagstetter said he derives his inspiration from yet another family member – his father.

"He retired as a master sergeant after 26 years as a crew chief," Sagstetter said. "The hours he put in and the sacrifices he made over the years were tremendous. Thinking about all he has done keeps me going and working hard for our Air Force."

Sagstetter said he is looking forward to leading the enlisted corps here.

"From the onset, it is very apparent that the men and women of the Liberty Wing are doing great things for our nation and for democracy all across the world," he said. "I'm going to try to the best of my ability to help those accomplishments continue into the future."



## 7 Liberty Wing airmen receive Article 15s

An airman first class assigned to the 48th Medical Operations Squadron was charged with violating Article 86, failure to go, and Article 92, dereliction of duty. The airman first class received a reduction in rank to airman 25 days restriction to RAF Lakenheath and 25 days extra duty.

A senior airman assigned to the 48th Aircraft Maintenance Squadron was charged with violating Article 134, indecent assault. The senior airman received a suspended reduction in rank to airman first class and 14 days extra duty.

An airman first class assigned to the 48th Logistics Readiness Squadron was charged with violating Article 86, failure to go, Article 92, violating a lawful general regulation, and Article 108, destruction of government property. The airman first class received a reduction in rank to airman basic and forfeiture of \$532 pay for two months.

An airman basic assigned to the 48th Mission Support Squadron was charged with violating Article 86, failure to go. The airman basic received 10 days extra duty and a reprimand.

An airman first class assigned to the 48th LRS was charged with violating Article 121, larceny, and Article 123, forgery. The airman first class received a reduction in rank to airman basic, forfeiture of \$575 pay for two months, 45 days extra duty and a reprimand.

A technical sergeant assigned to the 48th Security Forces Squadron was charged with violating Article 92, failure to obey a lawful general regulation. The technical sergeant received a suspended reduction in rank to staff sergeant, forfeiture of \$1,141 pay and a reprimand.

A staff sergeant assigned to the 48th AMXS was charged with violating Article 92, dereliction of duty. The staff sergeant received a suspended reduction in rank to senior airman, forfeiture of \$874 pay for two months and a reprimand.



Photo courtesy of the 48th Fighter Wing History Office

### 50 years of news

The switch that brought the F-111s to RAF Lakenheath went so smoothly that the 48th Tactical Fighter Wing received its third Air Force Outstanding Unit Award in January 1979. With little time to bask in its achievements, the wing increased its training tempo to meet aircrew training and NATO readiness requirements. Air and ground crews deployed to Italy, Turkey, Iran, Greece and Pakistan, which offered excellent flying opportunities and air-to-ground ranges.

## Commander spotlight

**Hometown:** Iron River, Mich.

**Time in Service:** 18 years

**Recent career history:** Arrived June 4 after completing a tour at Mountain Home Air Force Base, Idaho, as the 366th Services Squadron Commander  
**Leadership philosophy:** My father told me only one thing when I joined Air Force ROTC – “Take care of your troops.” That word of advice has never failed me.

**Short-term goals:** Learn as much as I can about the best large services squadron in U.S. Air Forces in Europe

**Personal information:** I have a wonderful husband and two beautiful children.

**Hobbies:** Cross-stitching, baking and, just recently, staining glass

**How do you fulfill core values?**

Doing my job of taking care of my squadron and the needs of customers to the best of my ability every day

**What is the most exciting thing that has happened to you during your Air Force career?** Traveling to Helsinki, Finland, and standing next to former Soviet President Boris Yeltsin, or flying in a presidential helicopter and landing at the Reflecting Pool in Washington.

**Who is your favorite leader in history and why?** Gen. Omar Bradley – He was an amazing leader, often times in the background, overshadowed by larger-than-life personalities during that time period. He was a great strategist: he took care of his troops, and together they accomplished the mission.

**What is your philosophy of life?**

Take life one day at a time, don't sweat the small stuff (not everything is small stuff), and make sure you take time to smell the roses. There must be balance between your professional and personal lives.

**Who is your role model and why?**

There are many people in my life that I consider mentors and role models. Those that have most shaped the person I have become are my parents and my husband. My parents laid the foundation with a conviction to working hard and doing what's right; my husband helped me to see through the weeds and focus on what matters as well as control my temper.

**What do you like best about the Air Force?** The Air Force is small, and no matter where you travel, you will run into old friends and co-workers again, or you will meet folks who know someone you know, leading to an instant sense of belonging. It's this Air Force family feeling that I enjoy the most.



Lt. Col.  
Kerry Beaghan  
48th Services  
Squadron commander

# Fit for the fight

## CSAF announces revised fitness testing

WASHINGTON (AFPN) — Airmen will begin hitting the track soon as the Air Force begins a new physical fitness program, the service's senior leader announced in his July 30 "Fit to Fight" Sight Picture.

Air Force Chief of Staff Gen. John P. Jumper directed that airmen will now test their fitness levels by performing sit-ups, push-ups and running 1.5 miles.

The change is being made because "we are a much different Air Force today," according to Jumper.

Jumper cited the physical requirements demanded by recent deployments around world as the impetus for the change.

"The amount of energy we devote to our fitness programs is not consistent with the growing demands of our warrior culture. It's time to change that."

Gen. John P. Jumper  
U.S. Air Force chief of staff

Details will be released soon that will get airmen back to the basics of running, sit-ups and push-ups, Jumper said. The cycle ergometry test, in use for the past 10 years, will continue for those who, for legitimate reasons, are not able to run.

Other changes include issued workout clothes and a renewed focus on the commander's ownership of airman physical fitness.

"We are planning to ... put responsibility for (physical training) in the chain of command, not with the medical community or the commander's support staff," Jumper said.

"I expect this effort to be led from the top, starting with commanders and senior (noncommissioned officers)," he said. "I expect those who have trouble meeting the standards to be helped by others in their unit until they do meet the standard."

The program will begin Jan. 1. Jumper said he plans to lead National Capitol Region Air Force general officers in a fitness test during the first week of January. Chief Master Sgt. of the Air Force Gerald R. Murray will lead area command chiefs later in the week.

"I think all of us can agree that we were disappointed with the fitness standards we found when we came into the operational Air Force," Jumper said. "Let's not disappoint ourselves any longer. The message is simple: If you are out of shape, fix it. If you have people in your squadron who need help, help them."

"January 2004 is the date," he said. "Be ready."



Photo by Maj. Francisco G. Hamm

## SPORTS SHORTS

### Basketball tournament

The Who Got Game Three-on-Three Basketball Tournament planned for Aug. 16 at the RAF Mildenhall Fitness Center has been canceled.

### Outdoor recreation trips

RAF Lakenheath Outdoor Recreation offers whitewater rafting Aug. 23. Sign-up deadline is Monday. Hang-gliding is offered Sept. 6 to 7. Sign-up deadline is Aug. 22. For

more information, call 226-2146.

### Golf tournaments

□ Breckland Pines Golf Club hosts its annual club championship Aug. 16 and 17 at the golf course. Sign-up deadline is Thursday. For more information, call 226-2223.

□ The Eagles' Landing hosts the 5th Annual Club Members-Only Golf Tournament Aug. 22 at Breckland Pines Golf

Course. Cost is \$10 per person. Breakfast and a fajita bar are included. Prizes awarded to the top three teams. For more information, call the Eagles' Landing at 226-2535.

### Bowling lessons

Liberty Lanes offers private bowling lessons from 5:30 to 8 p.m. Wednesdays at the bowling center. The cost is \$15 for a 30-minute session. For more information, call 226-2108.



# Travel in England improves morale, mental readiness

BY LT. COL. CAROL A. B. ANDREWS

48TH MEDICAL GROUP DEPUTY CHIEF NURSE

As we all know, the operations tempo at RAF Lakenheath is always high, so we need to take advantage of whatever opportunities we have to refresh the mind and body. Even God rested after six days, and we mortal beings surely need refreshment as well. For me, the opportunity to travel in England and Europe is a great way to do this. I go back to work with a renewed vigor after having a break from the work routine. The folks that never get out are the ones that are most miserable with their assignments.

What better place to travel than England? My husband and I are both history buffs, and England is a veritable goldmine of history. Every time period imaginable is represented in this country. You can see it, walk it, touch it or just learn about it. Here are some of my favorite examples of periods of history available in this country.

**Neolithic Age (10,000 B.C.):** This period marked the invention of farming and the development of technically advanced stone implements. Evidence of this age has been featured on the British television show “Time Team” at an archeological dig near Elveden, on the A11.

**Stone Age:** No one is quite sure who built Stonehenge or why, but experts think it was done about 2800 B.C.

**Time of Christ:** Tradition says that Joseph of Arimathea brought the Holy Grail – the chalice used by Christ at the Last Supper – to Glastonbury, the first Christian settlement in England.

**Roman Empire:** Julius Caesar invaded England. Emperor Hadrian built a wall across the north to keep back the “barbaric” Scots. Roman coins and artifacts have been dug up in many local fields, including the phenomenal Mildenhall treasure found in 1946 that has been called one of the 10 best treasures of the country. You can see it for free at the British Museum.

**Dark Ages:** Viking treasure has been found in York; Anglo Saxon cemeteries have been found under our own base, and King Arthur and tales

of Robin Hood’s Sherwood Forest find their roots just hours away.

**Middle Ages:** You just can’t go through an assignment at Lakenheath without hearing something about Henry VIII. His dissolution of the monasteries and establishment of the Church of England sent ripples through Christendom. Hever Castle is where Ann Boleyn was raised and courted by Henry, and is just a few hours away. It is one of the few double-moated castles in Britain and has a maze to try to lose your kids, I mean, to challenge your kids.

**English Civil War:** This was the clash between the Roundheads and the Parliamentarians. The Lord Protector, as Oliver Cromwell was called, was born in Huntingdon and lived in Ely. It was people of like philosophy, seeking religious freedom, who were the Pilgrims that sailed to America in 1620. There is a memorial plaque to commemorate this event in Plymouth.

**1800s:** Queen Victoria ruled from 1837 to 1901. The Victorian Era brought opulence and prosperity. Antique fairs all over the country display the penchant the Victorians had for having a tool, utensil or piece of furniture for just about every purpose imaginable.

**1900s:** The two world wars devastated England. In World War I there were whole towns where the male population was lost. It really was “The Great War.” World War II saw British and American forces align to defeat the Axis powers as the 8th and 15th Air Forces flew from East Anglia. Royal Air Force bases were so prevalent that they were no more than six miles apart. Hardstands from old air bases are still evident today on many industrial estates, kart tracks and market areas (like Snetterton).

If all of that British history is still not enough, you are still only hours away from continental Europe and many of the world’s great capitals, cities and territories.

There are few assignments that I can think of that offer such a rich opportunity to experience history and culture in the way that England can. After every travel experience, I come back to my job feeling privileged to be in a job that affords me such opportunities to refresh and enrich my mind.



# Discover Britain

By Sal Davidson – Community Relations Adviser



## Frequently asked questions about living in Britain answered

*I thought it may be beneficial to answer some of the most frequently asked questions I receive within this forum so that it can be given to everyone.*

### How do I find out about public footpaths?

There are a few ways. One is to obtain an ordinance survey map, which is a detailed map showing all significant landmarks including railway lines, churches, airfields and footpaths. Tourist information centres will also be able to provide maps and leaflets listing designated walks around the local area, including those with public footpaths.

Public footpaths form part of the ancient network of walkways that join communities and date back to the Middle Ages. That is why some appear to, and indeed do, pass through farmers' fields. All public footpaths should be marked, and be accessible to the public. Among other organisations, the Ramblers' Association is actively involved in ensuring that our public footpaths do not get overgrown and difficult to navigate. If you are interested in joining such a group or would like more information, click [www.ramblers.org.uk](http://www.ramblers.org.uk).

### Can I camp in the United Kingdom?

Yes. There are a number of dedicated caravan and camping sites in the United Kingdom, particularly around tourist areas. In the local area, those around the north Norfolk coast and along the east coast of Norfolk and Suffolk are closest. Other popular areas to camp are in the southwest of England, particularly in Devon and Cornwall, and north Wales.

It is best to book ahead of time, especially in the busy holiday months of July and August. There is a good Web site listing all the sites in the United Kingdom, which can be accessed at [www.camping-uk-directory.com](http://www.camping-uk-directory.com).

In our country where unpredictable weather is the norm, it is a good idea to look at the long-term weather forecast. Also, it's wise to pitch your tent at the top of the hill rather than the bottom.

### How do I know if I need a television licence?

If you have a television set which has a signal to receive BBC1, BBC2, Channel 4 and any ITV channel, you will have to purchase a television licence. Unlike car tax, you can have as many television sets as you wish on one television licence – the charge is per household, not per television set. The current licence fee for a colour television is £116 per annum and can be obtained from your local post office. If you watch British television at home and don't get a license, you could face prosecution and fines up to £1,000.

### My spouse is British. Is she exempt from Council Tax, too?

While a British spouse remains a dependent of a U.S. Air Force member, she will be exempt from British Council Tax. The British spouse must advise the local council in the area they live.

### What does OAP mean?

This literally means Old Age Pensioner. You will often see OAP when

prices are listed, for example in restaurants, on flyers for theatre tickets, etc. You will also see "senior citizens" too, and "concessions" which means anyone who is eligible to benefit from reduced fees such as the unemployed.

### When do the Highland Games take place in Scotland?

The busiest month for outdoor events of this type in Scotland is August. The best way to find the dates and locations of the games is to click onto [www.visit-scotland.co.uk](http://www.visit-scotland.co.uk) and then click onto the Highland Games link. This splits all the games into regions and dates so you can plan your visit accordingly.

August is always a very busy month in Scotland because of the Edinburgh Festival, Fringe Festival and the Edinburgh Tattoo. Handy Web sites include: [www.edinburgh.org](http://www.edinburgh.org) and the dedicated site to the Tattoo, [www.edintattoo.co.uk](http://www.edintattoo.co.uk). It may still be possible to grab some tickets.



Courtesy graphic

### Do I need to get permission to fish in the United Kingdom?

Yes. Currently an annual fishing permit will cost you £22 (£61 for salmon and sea trout) and can be bought from all British post offices, plus other outlets such as large fisheries. You can also obtain shorter licences to cover short fishing trips. However, this is only the beginning. You then have to find out who has fishing rights for the stretch of water you wish to fish, as many rights are owned by private organisations. All fishing responsibilities come under the umbrella of the Environment Agency, and our local area comes under the Anglian Region, including the counties of Norfolk, Suffolk, Cambridgeshire and Essex. The regional headquarters is in Peterborough and can be reached by calling (08459) 333111.

Some of the most exciting fishing in the United Kingdom is found in Scotland, where fly fishermen and women use great skill to catch salmon direct from the rivers and lochs. There are even holidays organised around the sport.

### Can you help me with some inexpensive places to take children?

I realise it can be difficult to find inexpensive activities in England, but a little research can produce some good ideas. Here are some Web sites to start with: [www.londonfreelist.com](http://www.londonfreelist.com) (click on "kids") and [www.visitbritain.com](http://www.visitbritain.com). There are also numerous guide books you can purchase which contain money-off vouchers. The "What's-On" section of local newspapers not only give details of upcoming events but also contain vouchers.

For more information on living in Britain, look in the British community information public folder, or call Sal Davidson, community relations adviser, at 226-3145, or e-mail [sal.davidson@lakenheath.af.mil](mailto:sal.davidson@lakenheath.af.mil).



## Briefs

### 48th LRS minimum manning

The 48th Logistics Readiness Squadron will be at minimum manning from 11 a.m. to 5 p.m. today for a squadron function.

### Operations security brief

A briefing on the security threat to the United States is offered at 10:30 a.m. Wednesday at the RAF Mildenhall Theater. Ray Sempko, Vietnam veteran and former counter-intelligence expert, explains who the players are, their targets, their modus operandi and how employees can protect the information they handle. The briefing is open to RAF Lakenheath and RAF Mildenhall personnel. For more information, call Capt. Darin Durand at 238-5818.

### Housing office closure

The East Anglia Regional Housing Office at RAF Lakenheath and the satellite office at RAF Mildenhall close Aug. 25 for a British bank holiday. The offices also close from 11:30 a.m. to 5 p.m. Aug. 29, for an official function. For more information, call 226-2804.

### Airman's Attic hours

Until the beginning of September, the hours of operation for the Airman's Attic are 6 to 8 p.m. Tuesdays and Thursdays and 10 a.m. to 2 p.m. Wednesdays. The Airman's Attic, located behind the old shoppette, accepts donations that are clean and in good condition. For more information, call (01638) 522140 or e-mail lakenheathattic@aol.com.

### Tuition assistance procedures

Effective immediately the RAF Lakenheath Education Center will use the following policies and procedures for issuing tuition assistance:

Students must have a degree plan showing the classes necessary for the degree they desire. TA can only be issued for classes that fit the degree plan. Students will initiate the TA paperwork before registering for class. Education center personnel will issue a signed TA form, which the student will take to the college. Colleges will not allow a student to register for a class without a signed TA form. For more information, call the education center at 226-3851.

### Dental appointments

The 48th Dental Squadron limits family member restorative care (fillings) for the next

several weeks due to a manning shortage. Family members needing emergent and acute care can still call for an appointment. Annual exams and cleaning appointments are not affected. TRICARE Dental Plan enrollees may pick up certificates of non-availability at the front desk for treatment by British dentists providing care under the insurance plan. For more information, call 226-8800.

### WIC Overseas

Women, Infants and Children Overseas is a nutrition education and supplemental food program for pregnant, breastfeeding and postpartum women, infants and children up to age 5 years. Participants may receive food items such as milk, eggs, cheese, cereal, peanut butter, juice and infant formula in an effort to prevent medical problems such as iron deficiency and to promote a healthy weight. Additionally, WICO offers nutrition classes the fourth Thursday of every month at the RAF Lakeheath Hospital. WICO enrollment is not required. For more information, call 226-9016.

### National Guard opportunities

The Wyoming Air National Guard 243rd Air Traffic Squadron offers part-time openings for radar, radio, MetNav maintainers, power production, heating, ventilation and air conditioning, supply, air traffic control and administration specialists. Cross-trainees are welcome. For more information, call Master Sgt. Jeri Keck at DSN (312) 943-6071, or call a Wyoming Guard recruiter at DSN (314) 943-6188.

## new arrivals for July ... new arrivals for July ... new arrivals for July ...

Persia Leilani Contreras Lara was born May 2 weighing 7 pounds, 7 ounces to Airman Gabriel and Linda Lara, 48th Civil Engineer Squadron.

Joshua McNurlin Reed was born June 24 weighing 7 pounds, 13 ounces, to Capt. Eric and Julia Reed, 492nd Fighter Squadron.

Claire Elizabeth Von Osterheldt was born June 24 weighing 6 pounds, 4 ounces, to Capt. John and Rebecca Von Osterheldt, 95th Reconnaissance Squadron, RAF Mildenhall.

Joshua Michael Douglas was born July 1 weighing 9 pounds, 9 ounces, to Staff Sgt. Michael and Megan Douglas, 48th Logistics Readiness Squadron.

Matthew Steven Scott was born July 1 weighing 7 pounds, 4 ounces, to Master Sgt. Steven and Elizabeth Scott, Joint Analysis Center, RAF Molesworth.

Jaiden Isabella Mickley was born July 1 weighing 8 pounds, 5 ounces, to Airman 1st Class Kevin and Lindsay

Mickley, 48th Aircraft Maintenance Squadron.

Madison Leah Anne Clements was born July 1 weighing 7 pounds, 14 ounces, to Staff Sgt. Nigel and Tanya Clements, 100th LRS, RAF Mildenhall.

Steven Robert Bodine III was born July 3 weighing 8 pounds, 3 ounces, to Airman December and Steven Bodine, 48th Services Squadron.

Erica Meagan Jernigan was born July 3 weighing 8 pounds, 11 ounces, to Master Sgt. Eric and Claudia Jernigan, 48th Component Maintenance Squadron.

Helmut Orion Vonknoblauch was born July 4 weighing 6 pounds, 3 ounces, to Staff Sgt. Jeremy Vonknoblauch, 48th AMXS and Airman First Class Shauna Lowe-Vonknoblauch, 48th Munitions Squadron.

Paul Eugene Marlett IV was born July 6 weighing 8 pounds, 9 ounces to Staff Sgt. Paul E Marlett III, 48th EMS, and Anna Fellows.

Ethany Ruth Kisling was born July 7 weighing 7 pounds, 2 ounces, to Tech. Sgt. Brent and Gretchen Kisling, 48th Civil Engineer Squadron.

Lucas Owen Edward Vanderpool was born July 7 weighing 8 pounds, 2 ounces, to Master Sgt. Barry and Kathy Vanderpool, JAC, RAF Molesworth.

Jenna Elizabeth Lucas was born July 11 weighing 5 pounds, 6 ounces, to Staff Sgt. Josh and Malea Lucas, 100th Air Refueling Wing, RAF Mildenhall.

Thomas Edward Cawrse Jr. was born July 15 weighing 8 pounds, 11 ounces, to Senior Airman Thomas and Sadie Cawrse, 100th Maintenance Squadron, RAF Mildenhall.

Dawson Kole Parker was born July 17 weighing 9 pounds, 11 ounces, to Airman 1st Class David and Keri Parker, 100th Security Forces Squadron, RAF Mildenhall.

Emily Sarah Lorincz was born July 18 weighing 9 pounds, to Staff Sgt.

Scott and Linda Lorincz, 100th Operations Support Squadron, RAF Mildenhall.

Laynie Rion Galindo was born July 20 weighing 7 pounds, 6 ounces, to Senior Airman John and Kristin Galindo, 48th Security Forces Squadron.

Brendan William Strayer was born July 20 weighing 6 pounds, 10 ounces, to Airman 1st Class Sara Strayer, 100th Communications Squadron, RAF Mildenhall.

Charles Michael Rich was born July 22 weighing 9 pounds, 6 ounces, to Staff Sgt. Amy and Jon Rich, 48th SVS.

Sarah Rain Musselman was born July 22 weighing 7 pounds, 11 ounces, to Tech. Sgt. Brooks and Teresina Musselman, 48th CMS.

Christen Jedidah Kuvipo Mohundro was born July 24 weighing 5 pounds, to Airman 1st Class Gene and SharlaAnn Mohundro, 48th Logistics Readiness Squadron.

## arrivals for July ... new arrivals for July ... new arrivals for July ... new



## Munitions storage closure

The 48th Fighter Wing Munitions Storage Area closes Sept. 1 to 12 for inventory. During this time customer support is not available. The deadline for munitions turn-ins is Aug. 26. For more information, call 226-1965 or 226-1966.

## Skills development center closure

The RAF Lakenheath Skills Development, Wood Skills and Auto Skills centers close Tuesday at noon for a group function. Normal service resumes Wednesday. For more information, call 226-2194.

## Events

### Free ASCAR race tickets

The 48th Services Squadron offers 1,000 free tickets to Association for Stock Car Racing events Aug. 24 and Sept. 28. A concert follows each race. Tickets are available at the services marketing office. For more information, call 226-3064 or e-mail jennifer.martin@lakenheath.af.mil.

### Tops in Blue

Tops in Blue, the Air Force's premier singing and dance group, performs at 7:30 p.m. Aug. 26 at the RAF Mildenhall Transportation Hangar, Bldg. 610. Admission is free. For more information, call 238-2152.

### Concert in the Park

The final concert in the 48th Services Squadron's Concerts in the Park series takes place at 4 p.m. Wednesday between the community center and the enlisted club. The concert will feature local band The Breeze. Admission is free.

## Youth

### School registration

Summer registration occurs from 9 a.m. to 2 p.m. daily for students enrolling in Department of Defense Dependents Schools for kindergarten through Grade 12. To find out which school a child will attend, contact the RAF Lakenheath or RAF Feltwell School Bus Offices at 226-2258 and 226-7332.

Documents required for registration are a copy of the sponsor's orders and the child's shot records and birth certificate. Call the respective school before visiting. Phone numbers are Feltwell Elementary School 226-7003 or 226-7004; Lakenheath Elementary School 226-3721 or 226-3674; Lakenheath High School 226-3115; Lakenheath Middle School 226-7008, 226-7006 or 226-7007; and Liberty Intermediate School 226-2258 or 226-5935.

### Youth center trips

The RAF Lakenheath Youth Center offers a trip to the Thetford Forest high ropes course

Thursday for youth ages 13 to 18 years old. A teen scavenger hunt is Aug. 20 at the Great Yarmouth Pleasure Beach. Prizes are awarded for highest score. Expenses are meals and entrance to the amusement park.

A trip for teens to Alton Towers is Aug. 27. Spaces for all trips are limited, so call to reserve space. For more information, call Karl Pfor at 226-3735.

### Swim team

The RAF Lakenheath youth swim team seeks new swimmers ages 6 to 19 years old. Novice to experienced levels accepted. Swimmers should be able to swim the length of the pool (25 meters) using the front crawl and backstroke.

For more information, call Pete Peters at (07747) 807169 or e-mail pete.peters@lakenheath.af.mil.

## Classes

### University of Maryland

University of Maryland Term 1 class registration ends Aug. 15. Visit UMUC-Europe online at www.ed.umuc.edu for a list of undergraduate and graduate courses and times available. Term 1 classes are Aug. 18 through Oct. 10.

To enroll or for more information, contact the UMUC-Europe field representative at the base education center at 226-3851.

### Professional development classes

The RAF Lakenheath Professional development Center offers the following courses:

Wednesday – Conflict management, 8 to 11 a.m.

Thursday – Airman professional development, 8 a.m. to 3 p.m.

Classes are held in Bldg. 948, room 308. For more information, call Master Sgt. Leslie Ingram at 226-2300.

### Family support center

The family support center offers the following classes:

Monday

11 a.m. – Pre-separation briefing

1 p.m. – E-4 and below financial briefing

Tuesday

2 p.m. – Basic investing

Wednesday

1 p.m. – Financial foundations

1 p.m. – PCS with ease

1:30 p.m. – Resumé-writing

Thursday

2 p.m. – U.S. home buying

4 p.m. – Kids on the move

Friday

8:45 a.m. – Newcomers' bus tour

9 a.m. – Special delivery

For more information or to register, call the center at 226-3847.

## MOVIES

### RAF Lakenheath 226-2139

#### Friday

6:30 p.m., **Lara Croft Tomb Raider: The Cradle of Life**, PG-13, starring Angelina Jolie. This time around, archaeologist and explorer extraordinaire Lara Croft journeys to a temple, sunken under-

water, that leads to a sphere that contains the mythical Pandora's Box, only to have it stolen from her by Chen Lo, the leader of a Chinese crime syndicate, who's in a league with a bad guy named Reiss who wants to use the box as a doomsday weapon.

10 p.m., **Lara Croft Tomb Raider: The Cradle of Life**, PG-13

#### Saturday

3:30 p.m., **Daddy Day Care**, PG, starring Eddie Murphy and Steve Zahn. When a father loses his lucrative dot-com job and finds himself in jeopardy of financial ruin, he joins his friends in opening a free-

spirited, guy-run business called Daddy Day Care, much to the chagrin of the owner of a more traditionally operated rival center.

6:30 p.m., **Bad Boys 2**, R, starring Martin Lawrence and Will Smith. Lowery and Burnett, a pair of Miami police detectives, are on a case in London that involves Burnett's half-sister, Syd, who is undercover pretending to be a money launderer.

10 p.m., **Bad Boys 2**, R

#### Sunday

3:30 p.m., **Daddy Day Care**, PG

6:30 p.m., **Bad Boys 2**, R

#### Monday

6:30 p.m., **The Matrix Reloaded**, R, starring Keanu Reeves and Laurence Fishburne. Neo, Morpheus, Trinity and the rest of their crew continue to battle

the machines that have enslaved the human race in the Matrix. Now, more humans are waking up out of the Matrix and attempting to live in the real world. As their numbers grow, the battle moves to Zion, the last real-world city and center of human resistance.

Tuesday

6:30 p.m., **Daddy Day Care**, PG

Wednesday

6:30 p.m., **Bad Boys 2**, R

Thursday

6:30 p.m., **Bad Boys 2**, R

Friday

6:30 p.m., **Daddy Day Care**, PG-13

10 p.m., **Bad Boys 2**, R

#### Saturday

3:30 p.m., **Bruce Almighty**, PG-13, starring Jim Carrey, Jennifer Aniston and Morgan Freeman. At the end of the worst day in his life, Bruce angrily ridicules and rages

against God, and God responds. He appears in human form and, endowing Bruce with all of his divine powers, challenges Bruce to take on the big job and see if he can do it any better.

6:30 p.m., **Lara Croft Tomb Raider: The Cradle of Life**, PG-13

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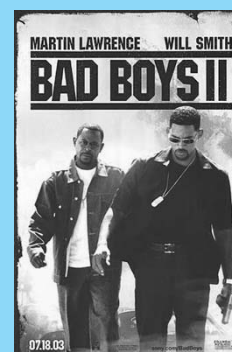
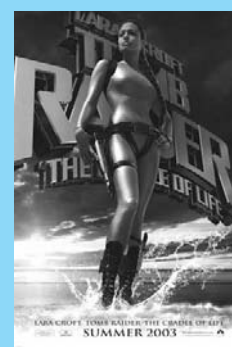
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### RAF Mildenhall 238-2351

#### Friday

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